

## Spa Hot Tub Disclaimer

The Hot Tub can be a pleasurable and relaxing experience. However for your safety and enjoyment there are strict rules and guidelines that must be adhered to when using the hot tub. This is an important health and safety requirement for hot tubs used in any environment. The signatory is responsible for making sure that all persons of their party, and their guests, are aware of and strictly adhere to the guidelines.

It is vital that the hot tub is kept clean for your own safety. Failure to do so results in the water balance changing which seriously diminishes the effectiveness of the sanitising chemicals/tablets. This in turn can lead to nasty microbiological bacteria multiplying rapidly causing a number of serious hazards to user's health.

Please do take a shower and use the toilet prior to entering the hot tub. Do not submerge your head under the water, drink the water, or allow the water to enter your mouth. People should also shower after using the tub.

The Hot Tub cover must remain closed at all times. No children under 4 years old are permitted in the Hot Tub. Children under 4 years old cannot regulate their body temperatures suitably. All children under 16 using the Hot Tub must be supervised by a responsible adult at all times.

Risk of electrocution – Under no circumstances remove the operating panel on Tub and ensure the plug socket is fully covered and in a safe place to prevent water contact. Please ensure the electric cable is located in a safe place and covered if necessary to prevent damage or electrocution.

There is a danger of slipping and falling. Remember, wet surfaces can be very slippery. Take care when entering or exiting the Spa.

Do not jump into the Spa.

People with infectious diseases should not use the Spa.

Keep any loose articles of clothing or hanging jewellery away from jets or other moving components.

Do not stand on the Spa Cover.

Medication & Alcohol – The use of drugs, alcohol or medication before, or during Spa use, may lead to a danger of drowning.

Persons using medication should consult their Doctor before using a Spa. Some medication may cause drowsiness, while other medication may affect heart rate, blood pressure and circulation.

Persons using medications that induce drowsiness such as tranquillisers, antihistamines, or anticoagulants should not use the Spa.

Health Problems – Pregnant women should consult a Doctor before using the Spa.

Persons suffering from obesity, or with a medical history of heart disease, low or high blood pressure, circulatory problems, or diabetes should consult a Doctor before using the Spa.

Hyperthermia – Prolonged immersion in hot water can result in hyperthermia – a dangerous condition that occurs when the internal body temperature exceeds 37 degrees C. Symptoms include, unawareness of impending hazard, failure to perceive heat, failure to recognise the need to exit the Spa, foetal damage in pregnant women, and unconsciousness resulting in a danger of drowning. The use of alcohol, drugs or medication greatly increases the risk of fatal hyperthermia in Hot Tubs.

To reduce the risk of injury – The water in the Spa should never exceed **40 degrees C**. Water temperatures between 37 degrees C and 40 degrees C are considered safe. Lower water temperatures are recommended for extended use (over 10 minutes) and for young children (over 4 years old). Extended use can cause hyperthermia.

Pregnant or possibly pregnant women should limit Spa temperature to 38 degrees C. Failure to do so may result in permanent injury to your baby.

Do not use the Spa immediately after strenuous exercise.

Avoiding burns – Test the water with your hand before entering the Spa to make sure it is comfortable. The fire stove and flue will be hot do not touch these with your bare hands, always ensure the flue guards is in place.

Lighting the stove – the stove should only be lit when the water level is twenty centimetres above the burner. If this is not done the internals of the hot tub will be damaged, the hot tub should never get hotter than fifty degrees Celsius as this will also damage the internal of the hot tub. The jacuzzi system should not be used unless the water level is above the jets. To light the stove only the use of fire lighters or paper with wood or coal to start are permitted to run the furnace of the hot tubs. Paraffin, petrol, diesel and other flammable liquids or substances such as plastic, rubber, polystyrene should never be used with this hot tub under any circumstances. Food should not be attempted to be cooked in the furnace, this may lead to injury, poisoning, and food poisoning.

**Do:**

Use the cover when the Spa is not in use, whether it is empty or full. Shower at all times before using the Hot Tub.

Change the water after each use.

**Do not:**

Lift or drag the cover always lift the cover by using the handles, or with two people as the can damage the fibreglass on the hot tub.

Attempt to open the electrical control box; there are no user serviceable parts inside.

Use any soap products, detergent, or shampoo in the Tub.

Drink the water.

Do not sleep in the hot tub, this can cause hyperthermia and drowning.

We cannot take responsibility:

We do not take responsibility for any action taken by yourself, party or guests whilst using the hot tub. Strict guidelines have been set out in this disclaimer to prevent injury and death. It is your responsibility to ensure all users of the hot tub are safe and are in excellent understanding of this disclaimer. By signing this disclaimer you understand that you take full responsibility for the safety of yourself and others.

I have read these terms

Name.....

Signature.....